



YOGA STATION TIMETABLE 2017

PRIVATE TUITION

Private Tuition sessions can be arranged at any times when Self Practice or Group Classes are not running. Please contact the studio by email - studio@yogastation.com.au to enquire.

MON	TUE	WED	THU	FRI	SAT	SUN
	SELF PRACTICE 6.00am - 7.00am		SELF PRACTICE 6.00am - 7.00am			
		SELF PRACTICE 9.00am - 10.30am		SELF PRACTICE 9.00am - 10.30am	GROUP CLASSES 9.00am - 10.00am	
						GROUP CLASSES 4.30pm - 5.30pm
SELF PRACTICE 5.45pm - 7.15pm			SELF PRACTICE 5.15pm - 6.45pm			
GROUP CLASSES 7.15pm - 8.15pm	GROUP CLASSES 7.30pm - 8.30pm	GROUP CLASSES 7.00pm - 8.00pm				